Weekly Bulletin

Upcoming dates:	
Term Dates 25-26	Our term dates for 26-27 are on our website.
19.10.2026	Year 9 Remote Work Experience
20.10.2026	LAB6 Open Evening
21.10.2026	Secondary Photos
22.10.2026	Race to Thorpe Park Rewards Trip
23.10.2026	INSET Day - *Children not in school*
26.10.2025 - 30.10.2026	Half Term
02.11.2026	All children back in school

Please click on the links below to take you to the various sections of this Newsletter

Key messages - all year groups
PRIMARY
SECONDARY
LAB6
Stars of the week
House Attendance

ASPIRATIONS

KEY MESSAGES - ALL YEAR GROUPS

CYCLE & PEDESTRIAN SAFETY

As the weather changes and evenings get darker, we are asking for your support in reminding students about safe travel to and from the Academy.

Please reinforce with your child:

- **Wear a helmet** when riding a bicycle or scooter.
- **Use working front and rear bike lights** and wear high-visibility or reflective items.
- **Use designated cycle lanes** where available and avoid riding on footpaths or blocking pavements around local shops.
- **Never carry a passenger** on a bicycle or scooter.
- **Be mindful of pedestrians and traffic**, particularly around busy pedestrian crossings and nearby roads.

Students are regularly reminded in advisory sessions that their safety and the safety of our local neighbors is a top priority.
Thank you for working with us to promote safe travel habits.

MOBILE PHONE REMINDER & SAFEGUARDING

A quick reminder to all parents and carers regarding the use of mobile phones on school grounds. To ensure the safety, privacy, and wellbeing of all our children, **mobile phones and cameras must not be used on the school premises or playground** at any time. Please ensure devices are put away before entering the school gates. Thank you for your support and cooperation in keeping our school community safe.

ATTENDANCE - HELPING US KEEP EVERYONE HEALTHY & LEARNING THIS AUTUMN

As we move into the autumn and winter months, we inevitably see an increase in seasonal coughs, colds, and minor illnesses. Illness is the single largest cause of missed school days across the country, so we want to work together to keep our children healthy, happy, and learning in the classroom.
How you can help us at home:

- **Simple hygiene habits:** Encouraging regular handwashing with soap and warm water makes a huge difference in stopping the spread of germs.
- **Not sure if your child is too ill for school?** Minor coughs, mild colds, and sore throats without a high fever generally shouldn't keep children home. If you're unsure whether to send them in, check the NHS 'Is my child too ill for school?' guide.
- **Vaccinations:** Consider getting your child vaccinated against seasonal flu if eligible.
- At school, we are reminding students about effective handwashing and keeping our classrooms well-ventilated to reduce the spread of viruses.

Thank you for your continued support in helping us keep our attendance strong and our school community healthy!

Is my child too ill for school?

UK Government NHS

Does your child have a high temperature (38ºC or more)? YES Keep them off school until it goes away. NO Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.	**Cold sores** Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.	**Impetigo** They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.	**Ear infection** If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
Threadworms Speak to your pharmacist, who can recommend a treatment.	**Conjunctivitis** Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.	**Ringworm** See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.	**Measles** They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.
	Head lice & nits You can treat head lice and nits without seeing a GP.	**Scarlet fever** They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.	**Vomiting & diarrhoea** Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).
	Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.	**Chickenpox** Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	
	Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.		

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

To find out more, search www.NHS.uk for the specific illness or infection, or 'Is my child too ill for school?'

UPCOMING OPEN EVENTS: PRIMARY & LAB6 ADMISSIONS

We are excited to invite prospective families to discover what makes our academy a wonderful place to learn and grow! If you have children due to start school or move up to secondary education, or know friends, family, or neighbors who do, please share these key dates with them.

LAB6 Open Evening

- **Date:** 20 October
- **Time:** Gates open at 5:00 PM
- Join us to explore our wide range of post-16 courses, tour our specialist facilities, meet our subject teachers, and speak directly with current LAB6 students about life in the Sixth Form.



ASPIRATIONS

PRIMARY

It has been another busy week of learning across primary. Reception have been putting their phonics to great use, writing words and even some sentences while learning all about Wacky Races. Comparing sets has been the focus in Year 1 maths, where the children have mastered key vocabulary including more than, greater than, less than, fewer than and equal to. Year 2 have progressed from controlling a ball with their feet to using their hands in PE, practising bouncing, dribbling and completing a successful push pass with a partner. Teachers in Year 3 were treated to some party food during LAB technicals, with the children preparing delicious spring rolls, tuna sandwiches and egg and cress sandwiches, while another group stepped into the courtroom to sharpen their debating skills and used evidence to decide whether Goldilocks was guilty. History lessons have taken Year 4 back in time to learn about the Celts in the Bronze Age. Over in Year 5, the children have been working hard on writing their own Viking sagas, applying the skills they have learnt so far this year.





COMMUNICATION

We want to make sure every message reaches the right person quickly. To help with this, please send all emails and written communication to the school office at **office@livingstone-aspirations.org**. The office team will read each message and pass it on to the most appropriate member of staff. We aim to reply to all emails as soon as possible. However, please allow up to **48 hours** for a response.

Who to speak to
Many questions and concerns can be resolved quickly by your child's class teacher, so they are always the best first point of contact. If you feel the matter has not been resolved after a conversation, please follow the following order of contact:

1. **Class teacher**
2. **Key Stage Lead: EYFS & KS1: Mr Goodman. KS2: Miss Etrata**
3. **Mr Neal, Head of Primary**

Please remember that at every stage, written communication must still be sent through the office email address above with the subject stating who the email is addressed to. This ensures nothing is missed and your message reaches the right person.

Thank you for your support in helping us keep communication clear and efficient.

COATS FOR AUTUMN AND WINTER

As the weather turns colder and wetter, please make sure your child brings a warm, waterproof coat to school every day.

Fresh air and time to play are an important part of the school day, so children will continue to go outside at breaktime and lunchtime in light rain. We will only keep children indoors during severe weather.

To help avoid any mix-ups, please label your child's coat clearly with their name. Thank you for helping us keep everyone warm, dry and ready to enjoy their time outdoors.

HEALTHY SNACKS AT BREAKTIME

A quick reminder that children should only bring fruit or a healthy snack for breaktime. A nutritious snack helps children stay focused and ready to learn throughout the morning.

Some great options include:

- Fresh fruit, such as apples, bananas or grapes (cut lengthways for younger children)
- Vegetable sticks, such as carrot or cucumber
- Plain rice cakes or breadsticks

Please avoid sending in crisps, chocolate, sweets or cereal bars. Thank you for your support in helping your children make healthy choices each day.

PTFA HALLOWEEN PARTY - TICKETS ON SALE NOW!

Get ready for a spooktacular afternoon of Halloween fun! Children in Years 1-5 are invited to join us for a frightfully fun Halloween Party from 4:00 -5:30pm. With a bouncy castle, disco, games, face painting, transfer tattoos, sweet treat and more, it's set to be a fantastic afternoon. Fancy dress is optional, with a prize for the best costume! **Tickets are £8 via Arbor and are limited to 150 places**. Booking closes on 19 October. All proceeds support PTFA projects that benefit our school community. You can book on Arbor via the shop at the bottom.

On this day, **Reception** children are invited to come to school dressed in their favourite party outfits for a Party Dress Up Day! We look forward to seeing everyone dressed for the occasion!



SAVE THE DATE: LITTLE WANDLE PHONICS MEETING

We are pleased to invite **parents of our Reception children** to our upcoming Little Wandle Phonics workshop on **Wednesday 21 October from 2:30 pm to 3:00 pm.** This session will cover essential information regarding how phonics is taught in school and how you can best support your child's reading at home.

AFC BOURNEMOUTH TALENT IDENTIFICATION EVENT

📅 Wednesday 28 October 2026
👤 Under-7 & Under-8 Boys (Year 2 & 3)
📍 AFC Bournemouth Performance Centre
ℹ️ Further details will be confirmed in your son's attendance acceptance email

📝 APPLY TODAY USING THE LINK BELOW 👇

🔗 https://forms.cloud.microsoft/e/hLYbyLrQdM

Spaces are very limited, all applicants will be notified via email at least 3 days prior to the event to confirm your place and time slots.



PE DAYS

Please find your child's PE days listed below:

Reception	Tuesday
Year 1	Monday
Year 2	Tuesday
Year 3	Wednesday & Friday
Year 4	Wednesday & Thursday
Year 5	Thursday & Friday

SECONDARY

YEAR 7

It's time to sign up for our annual Y7 disco, tickets available now on your Arbor profile!

The disco will be £2 to attend, and we encourage students to bring some pocket money along to buy some sweet treats from our wonderful PTFA.

This event will be taking students on a journey back to the 90's by being a ***phone free zone***, to encourage fun, dancing and merriment in a safe environment (don't panic, we will only subject them to a couple of 90's bangers during the evening and make sure the playlist is much more modern). There will be a place for students to store their phones securely during the disco.





YEAR 11 - MOCK EXAMS & REVISION SUPPORT

Mock Exams Starting Soon
A key milestone is approaching for our Year 11 students, mock examinations will begin immediately after the half-term break! These exams provide an invaluable opportunity for students to practice under real exam conditions, gauge their current progress, and identify key areas to focus on ahead of their final GCSEs in the summer.

New Revision Platform: Pearson Revise
To support your child in preparing effectively, we are excited to launch a powerful new learning resource: **Pearson Revise**.
Students can now log in using their school Google account directly via this link: Pearson Revise Online.
This fantastic platform gives students access to:

- **80 digital revision guides** covering key subjects
- **Interactive quizzes** to test recall and check understanding
- **Video lessons** and **digital flashcards** for quick topic reviews
- **A personalised revision timetable planner** to help structure their study time

How You Can Help at Home
We encourage parents and carers to speak with their Year 11 students this week about their revision routine. Setting up a quiet study space, helping them plan out their timetable using Pearson Revise, and ensuring a healthy balance of study, rest, and sleep will go a long way in building their confidence.

YEAR 9,10,11 and LAB6 - BORNEO EXPEDITION

Sign up for the Expedition Here:https://weareworldchallenge.com/trips/eydkswj/

Recording of the parents information Evening:
https://www.youtube.com/watch?v=K_DRcOjZLH8



Following on from the assemblies **Year 9, 10, 11, and 12** and Parents information evening. We are extremely excited to announce an incredible opportunity for students in the current **Year 9, 10, 11 and 12** to travel on a World Challenge trip to **Borneo** for 2 weeks in **July 2028.** The trip will be led by Miss Hart and Mr Sparks alongside World Challenge.

There are still a small number of places available. We will soon be working with students to help organise their fundraising and applications to grants to help them raise funds for the expedition. If your student would like to be involved with the trip and you have any concerns please email Mr Sparks or Miss Hart and they would be happy to help.

This expedition goes beyond a typical trip. Combining adventure, cultural experiences, wildlife, and hands-on conservation work. Students will be encouraged to push past their boundaries, collaborate effectively, immerse themselves in an entirely new culture, and cultivate invaluable self-reliance, leadership, and adaptability throughout the journey.

The Expedition involves;
- spending several days alongside a rural community near the **Kinabatangan River,** aiding reforestation and conservation efforts
- heading into the jungle for a **three-day Guas Nabalu trek**
- a visit to **Sepilok Orangutan Rehabilitation Centre**
- visit the **Borneo Sun Bear Conservation Centre**
- Three days in **Kota Kinabalu** visiting local markets and experiencing Malaysian food and culture
- Opportunities to take part in activities such as **snorkelling and white-water rafting**

Primary Housepoint Totals		
Einstein	**Kahlo**	**Anning**
1st	2nd	3rd

Secondary Housepoint Totals		
Einstein	**Kahlo**	**Anning**
3rd	1st	2nd

Primary	Star of the Week	Power Skill
Buttercups	Mahasvi NB	Vrishank N - Colin the Collaborator
Daisies	Maya C	Morhaf A - Colin the Collaborator
Snowdrops	Mofi O	Kayan S - Colin The Collaborator
Bluebells	Anvia A	Ayansh S- Cathy Communicator
Clovers	Lyanna H	Sophia L - Cara The Creator
Poppies	Sara FM	Era P - Characterful Chloe
Tulips	Ronan B	Lara Cathy - Communicator.
Daffodils	Fatima J	Dhruva B - Calvin the Critical thinker
Marigolds	Ahmed A	Emilia P - Characterful Chloe
Cosmos	Daniel O	Ayisat O - Colin The Collaborator
Roses	Albie G	Divine A - Cathy Communicator

SECONDARY STAR OF THE WEEK						
HOUSE	**Einstein**		**Kahlo**		**Anning**	
YEAR 7	Faheem F		Maia I	Olly W	Chikamso O	Julianna C
YEAR 8	Amela A	Amandio M	Jacob H		Yvoni Kn	Lily M
YEAR 9	Sara A	Otis C	Delilah D	Amelie F	Romeo B	
YEAR 10	Athanasios T	Mekdam D	Rei P	Silin A	Louisa A	Elise G
YEAR 11	Alan H	Abdul F	William M	Paras K	Abdulmalik T	Chloe B

ASPIRATIONS

Class Attendance - Primary	
Reception Daises	9th
Reception Buttercups	8th
Year 1 *Bluebells*	10th
Year 1 *Snowdrops*	6th
Year 2 *Clovers*	7th
Year 2 *Poppies*	11th
Year 3 *Daffodils*	3rd
Year 3 *Tulips*	4th
Year 4 *Marigolds*	2nd
Year 4 *Cosmos*	1st
Year 5 *Roses*	5th

House Attendance - Secondary			
YEAR	Einstein	Kahlo	Anning
7	1st	2nd	3rd
8	1st	3rd	2nd
9	2nd	1st	3rd
10	3rd	1st	2nd
11	2nd	1st	3rd

LAB Attendance this Year: 93.9%	
LAB Primary Attendance: 93.9% National comparison (Primary): 91.2%	LAB Secondary Attendance: 93.93% National comparison (Secondary): 91.2%

ASPIRATIONS