Weekly Bulletin

Upcoming dates:	
Term Dates 25-26	Our term dates for 26-27 are on our website.
19.10.2026	Year 9 Remover Work Experience
20.10.2026	LAB6 Open Evening
21.10.2026	Secondary Photos
22.10.2026	Race to Thorpe Park Rewards Trip
23.10.2026	INSET Day - *Children not in school*
26.10.2025 - 30.10.2026	Half Term
02.11.2026	All children back in school

Please click on the links below to take you to the various sections of this Newsletter

Key messages - all year groups
PRIMARY
SECONDARY
LAB6
Stars of the week
House Attendance

ASPIRATIONS

KEY MESSAGES - ALL YEAR GROUPS

MOBILE PHONE REMINDER & SAFEGUARDING

A quick reminder to all parents and carers regarding the use of mobile phones on school grounds. To ensure the safety, privacy, and wellbeing of all our children, **mobile phones and cameras must not be used on the school premises or playground** at any time. Please ensure devices are put away before entering the school gates. Thank you for your support and cooperation in keeping our school community safe.

ONLINE SAFETY UPDATE: PROTECTING CHILDREN FROM ONLINE HARM GROUPS & GAMING RISKS

We want to share important new guidance from **CEOP Education** (the Child Exploitation and Online Protection command) and **Ofcom** to help keep our young people safe online.

1. Online Harm Groups: What Parents Need to Know

CEOP Education has issued a warning regarding **online harm groups**. These online networks often target young people by initially offering friendship, shared interests, or gaming communities. Once trust is established, contact can escalate into manipulation, coercion, secrecy, pressure to self-harm, or demands for explicit imagery.

Key guidance for parents and carers:

- **Watch for subtle warning signs:** Increased secrecy around devices, sudden changes in mood, withdrawal from family, or uncharacteristic behavior.
- **Respond calmly:** If you suspect your child is involved, stay calm and supportive so they feel safe talking to you without fear of getting into trouble or losing device access.

Useful Links:

- CEOP: What Are Online Harm Groups? (Information for Parents)
- CEOP: Resources for 11–18 Year Olds

2. Staying Safe While Gaming: The "Check, Chat, Change" Framework

Online gaming is a wonderful way for young people to socialize, but features like voice chat, direct messaging, in-game purchases, and open lobbies can expose them to contact with strangers.

To help families navigate this, **Ofcom** has released their *Parents Power Up* guide using three simple steps:

1. **CHECK:** Look at your child's account details, privacy settings, and the age ratings of the games they play.
2. **CHAT:** Talk regularly about who they are playing with, what they enjoy online, and what to do if someone makes them uncomfortable.
3. **CHANGE:** Adjust privacy, messaging, and parental control settings on consoles and devices to fit your family's needs.

Useful Link:

- Ofcom: Parents Power Up – Helping Your Child Stay Safe Online

If you ever have concerns about your child's online safety or well-being, please reach out to our safeguarding team or visit CEOP Safety Centre to report online abuse directly.

ASPIRATIONS

GIVE PRE-LOVED SCHOOL UNIFORM A SECOND LIFE!

As children grow, they often outgrow their school uniform long before it wears out! If you have any unwanted uniform items, such as blazers, jumpers, trousers, skirts, or polo shirts that are clean and still in good, wearable condition, please consider donating them to the school.

Your donations help us support other families in our school community and contribute to our sustainability efforts by reducing waste.

How to donate:

- Please ensure all items are washed and in good repair (no tears or permanent stains).
- Drop off items at the main reception in our Blue Bins during normal school hours.

Thank you so much for your generosity and continued support!



SUPPORT FOR FAMILIES: SCHOOL FOOD PANTRY

We are pleased to share the success of The LAB Larder, our school-based foodbank designed to support our families and ensure no one in our community goes without. The foodbank is restocked fortnightly, and has been a welcomed resource to those who need it.

We understand that everyone faces challenging times, and The LAB Larder is here to offer a helping hand when it's needed most. This provision has been made possible through the incredible generosity and support of Hope for Food, to whom we extend our sincere thanks.

Where to Find Us
To ensure the privacy of our families, The LAB Larder is located in a discreet room just off the Primary Office. We want everyone to feel comfortable accessing this resource, and we have positioned it to be as private and low-key as possible.

How it Works
The Larder operates on a "take what you need" basis. There is no referral process —simply come in and browse the shelves.

Opening Times: Monday to Friday (Term time only)

Morning Session: 8:45 am – 10:00 am

Afternoon Session: 2:00 pm – 2:45 pm

What's in Stock?

We currently have a wide selection of cupboard essentials, including:

- Tinned goods (soup, vegetables, beans)
- Pasta and cooking sauces
- Cereals
- Biscuits and snacks

In addition to these staples, we will also be able to offer fresh vegetables and toiletries as and when they are donated to us.

Whether you need a few items to get you through to pay day or a more substantial top-up, please know that The LAB Larder is a community resource for everyone.

ATTENDANCE - HELPING US KEEP EVERYONE HEALTHY & LEARNING THIS AUTUMN

As we move into the autumn and winter months, we inevitably see an increase in seasonal coughs, colds, and minor illnesses. Illness is the single largest cause of missed school days across the country, so we want to work together to keep our children healthy, happy, and learning in the classroom.

How you can help us at home:

- **Simple hygiene habits:** Encouraging regular handwashing with soap and warm water makes a huge difference in stopping the spread of germs.
- **Not sure if your child is too ill for school?** Minor coughs, mild colds, and sore throats without a high fever generally shouldn't keep children home. If you're unsure whether to send them in, check the NHS 'Is my child too ill for school?' guide.
- **Vaccinations:** Consider getting your child vaccinated against seasonal flu if eligible.
- At school, we are reminding students about effective handwashing and keeping our classrooms well-ventilated to reduce the spread of viruses.

Thank you for your continued support in helping us keep our attendance strong and our school community healthy!

Is my child too ill for school?

UK Government NHS

Does your child have a high temperature (38ºC or more)? YES Keep them off school until it goes away. NO Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.	**Cold sores** Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.	**Impetigo** They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.	**Ear infection** If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
Threadworms Speak to your pharmacist, who can recommend a treatment.	**Conjunctivitis** Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.	**Ringworm** See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.	**Measles** They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.
	Head lice & nits You can treat head lice and nits without seeing a GP.	**Scarlet fever** They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.	**Vomiting & diarrhoea** Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).
	Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.	**Chickenpox** Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	
	Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.		

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

To find out more, search www.NHS.uk for the specific illness or infection, or 'Is my child too ill for school?'

UPCOMING OPEN EVENTS: PRIMARY & LAB6 ADMISSIONS

We are excited to invite prospective families to discover what makes our academy a wonderful place to learn and grow! If you have children due to start school or move up to secondary education, or know friends, family, or neighbors who do, please share these key dates with them.

LAB6 Open Evening

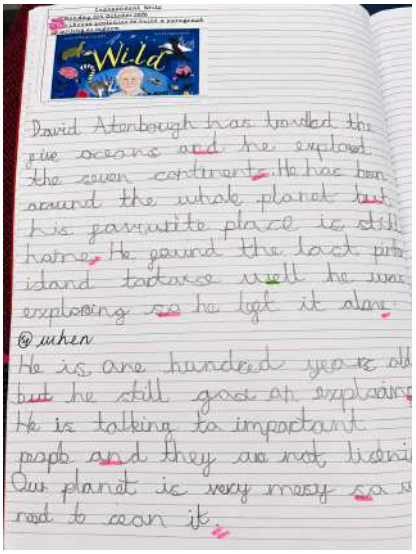
- **Date:** 20 October
- **Time:** Gates open at 5:00 PM
- Join us to explore our wide range of post-16 courses, tour our specialist facilities, meet our subject teachers, and speak directly with current LAB6 students about life in the Sixth Form.



ASPIRATIONS

PRIMARY

There has been lots of purposeful learning across Primary this week, with children showing enthusiasm, teamwork and curiosity in their lessons. Year 2 have been developing their writing through their work on Sir David Attenborough, while Year 3 have been exploring the fascinating world of magnets. In Year 5, the children showed great collaboration and enthusiasm in PE as they continued to develop their gymnastics skills, exploring different travelling techniques and counter-balances. It has been lovely to see children engaging so positively with such a varied range of learning experiences across the school.





A huge thank you to everyone who took part in Cycle to School Week. It was fantastic to see so many children travelling to school by bike and getting involved so enthusiastically. The week has now come to an end but we hope it has encouraged families to continue choosing active travel whenever possible!

SCHOOL PHOTOS

On Friday, all primary children had individual photo portraits taken. Due to timing constraints, we were not able to complete all sibling photos. These photos will be prioritised during our next photo day on Wednesday 21st October.

REMINDERS

👻🎃 PTFA HALLOWEEN PARTY - TICKETS ON SALE NOW! 🎃👻



Get ready for a spooktacular afternoon of Halloween fun! Children in Years 1-5 are invited to join us for a frightfully fun Halloween Party from 4:00 -5:30pm. With a bouncy castle, disco, games, face painting, transfer tattoos, sweet treat and more, it's set to be a fantastic afternoon. Fancy dress is optional, with a prize for the best costume! **Tickets are £8 via Arbor and are limited to 150 places**. Booking closes on 15 October. All proceeds support PTFA projects that benefit our school community. You can book on Arbor via the shop at the bottom.

On this day, Reception children are invited to come to school dressed in their favourite party outfits for a fun-filled Party Dress Up Day! We look forward to seeing everyone dressed for the occasion!

SAVE THE DATE: LITTLE WANDLE PHONICS MEETING

We are pleased to invite **parents of our Reception children** to our upcoming Little Wandle Phonics workshop on **Wednesday** 21 October from 2:30 pm to 3:00 pm. This session will cover essential information regarding how phonics is taught in school and how you can best support your child's reading at home.

PE DAYS

Please find your child's PE days listed below:

Reception	Tuesday
Year 1	Monday
Year 2	Tuesday
Year 3	Wednesday & Friday
Year 4	Wednesday & Thursday
Year 5	Thursday & Friday

SECONDARY

REMINDER

SECONDARY PARENT GOVERNOR ELECTION – VOTE NOW

Voting for the Secondary Parent Governor vacancy on the South Coast Regional Board is now live!
Please refer to the standalone election letter shared today for full details on the five nominated candidates and their statements. You can cast your vote digitally by scanning the QR code in the letter/poster, or by returning a paper ballot to reception.

- Voting Closes: Wednesday, 14th October at 1:00 PM.

Thank you for participating and supporting our school governance team!



YEAR 9,10,11 and LAB6 - BORNEO EXPEDITION

Sign up for the Expedition Here:https://weareworldchallenge.com/trips/eydkswj/

Recording of the parents information Evening:
https://www.youtube.com/watch?v=K_DRcOjZLH8



Following on from the assemblies **Year 9, 10, 11, and 12** and Parents information evening. We are extremely excited to announce an incredible opportunity for students in the current **Year 9, 10, 11 and 12** to travel on a World Challenge trip to **Borneo** for 2 weeks in **July 2028.** The trip will be led by Miss Hart and Mr Sparks alongside World Challenge.

There are still a small number of places available. We will soon be working with students to help organise their fundraising and applications to grants to help them raise funds for the expedition. If your student would like to be involved with the trip and you have any concerns please email Mr Sparks or Miss Hart and they would be happy to help.

This expedition goes beyond a typical trip. Combining adventure, cultural experiences, wildlife, and hands-on conservation work. Students will be encouraged to push past their boundaries, collaborate effectively, immerse themselves in an entirely new culture, and cultivate invaluable self-reliance, leadership, and adaptability throughout the journey.

The Expedition involves;

- spending several days alongside a rural community near the **Kinabatangan River,** aiding reforestation and conservation efforts
- heading into the jungle for a **three-day Guas Nabalu trek**
- a visit to **Sepilok Orangutan Rehabilitation Centre**
- visit the **Borneo Sun Bear Conservation Centre**
- Three days in **Kota Kinabalu** visiting local markets and experiencing Malaysian food and culture
- Opportunities to take part in activities such as **snorkelling and white-water rafting**

YEAR 11

Thank you to all the Year 11 parents and carers who attended our Raising Attainment Evening on Monday night. It was an excellent turnout!

A few important updates and resources as we prepare for the upcoming Year 11 Mocks:

Mock Exams Start Soon: Mocks begin immediately after half term there are only 9 school days left until they start! The full mock timetable was sent via email on Tuesday and accompanies this newsletter.

New Revision Platform — 'Pearson Revise': Students can now log in using their Google account via this link: Pearson Revise Online. The platform features 80 digital revision guides, interactive quizzes, video lessons, flash cards and a revision timetable planner.

Year 11 students received a walkthrough of this platform during their assembly this morning. It is an outstanding resource to support their preparation both for these mocks and leading up to their final GCSE exams. Happy revising!

Primary Housepoint Totals		
Einstein	**Kahlo**	**Anning**
2nd	3rd	1st

Secondary Housepoint Totals		
Einstein	**Kahlo**	**Anning**
2d	1st	3rd

ASPIRATIONS

Primary	Star of the Week	Power Skill
Buttercups	Banvika P	Ruby - Critical Thinker
Daisies	Poppy C	Aubree - Calvin the Critical Thinker
Snowdrops	Samuel K	Lukas - Characterful Chloe
Bluebells	Kledis R	Ariana- Characterful Chloe
Clovers	Fletcher FD	Derrick - Characterful Chloe
Poppies	Oluwapoloore B	David - Cara the Creator
Tulips	Juwon S	Rares M - Critical Thinker
Daffodils	Maimunat A	Olliver T - Calvin the Critical Thinker
Marigolds	Laurie P	Evangeline MC - Critical Thinker
Cosmos	Mia G	Rubi-Mae D - Critical Thinker
Roses	Hoor A	Samuel B - Critical Thinker

SECONDARY STAR OF THE WEEK						
HOUSE	**Einstein**		**Kahlo**		**Anning**	
YEAR 7	Ryan R		Kevin M	Sara A	Alex E	Arban Q
YEAR 8	Iris M	Zuzanna R	Olivia P		Nikola R	Kai P
YEAR 9	Sirine T	Pierre P	Taha D	Elliot	Juliette T	
YEAR 10	Adela K	Nevin S	Antonia S	Anamika S	Keira D	Mason LW
YEAR 11	Emily D	Emmanuel A	Lily S	Chu Z (Troy)	Nadine E	Adas B

ASPIRATIONS

Class Attendance - Primary	
Reception Daises	8th
Reception Buttercups	7th
Year 1 *Bluebells*	11th
Year 1 *Snowdrops*	9th
Year 2 *Clovers*	10th
Year 2 *Poppies*	2nd
Year 3 *Daffodils*	3rd
Year 3 *Tulips*	6th
Year 4 *Marigolds*	5th
Year 4 *Cosmos*	4th
Year 5 *Roses*	1st

House Attendance - Secondary			
YEAR	Einstein	Kahlo	Anning
7	3rd	1st	2nd
8	2nd	3rd	1st
9	2nd	1st	3rd
10	3rd	1st	2nd
11	2nd	1st	3rd

LAB Attendance this Year: 94.19%	
LAB Primary Attendance: 94.93% National comparison (Primary): 91.2%	LAB Secondary Attendance: 94.53% National comparison (Secondary): 91.2%

ASPIRATIONS